



Welcome to Mind Glamour PLLC

Your Partner In Mental Health And Wellness

Compassionate care through telepsychiatry, ADHD testing, substance use treatment, and personalized therapy services.

Contact Us

About Us

At Mind Glamour PLLC, we are committed to providing compassionate, patient-focused mental health care that meets you where you are. We specialize in telepsychiatry, ADHD testing, substance use treatment, GeneSight testing, Spravato®, and ketamine therapy to support your unique wellness journey.

Our approach emphasizes collaboration, long-term healing, and personalized treatment plans tailored to each individual's needs. Led by Dr. "Swae" Harris, PMHNP-BC, we offer a safe, supportive space where patients can access innovative, evidence-based care. At Mind Glamour, your mental wellness is our priority, and we are here to support you every step of the way.



Now offering video visits!



Learn More

See available times and book an appointment right here.

It's free, fast and secure.

Book Online

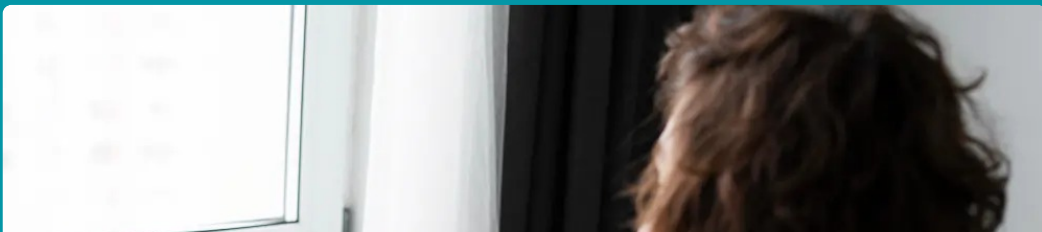


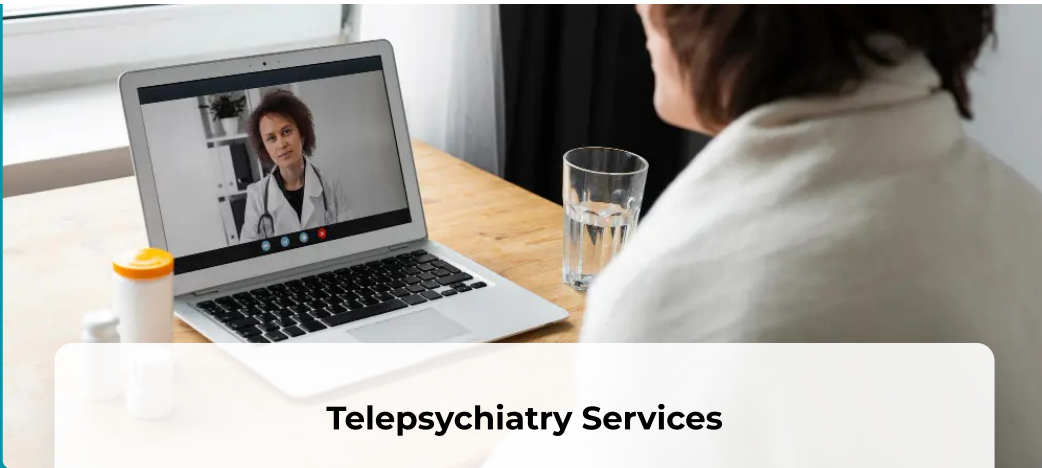
Our Services



Mental Health and Wellness

We offer personalized mental health care, focusing on depression, anxiety, trauma, and emotional well-being to support long-term psychological balance and overall life satisfaction.





Telepsychiatry Services

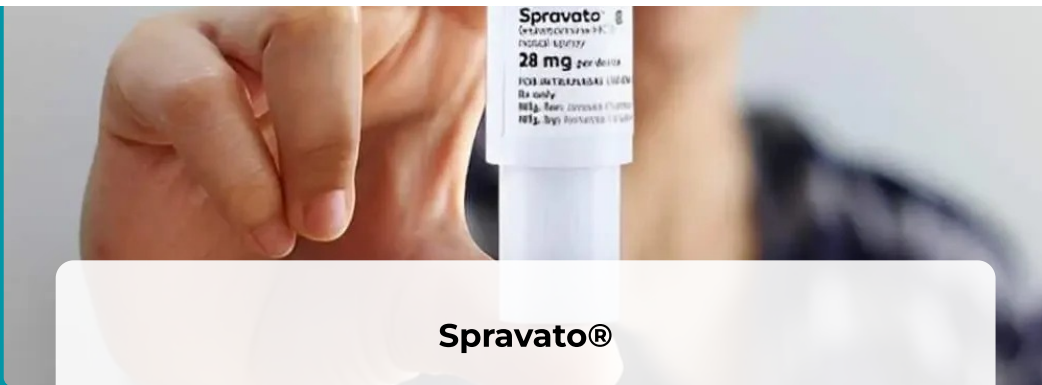
Convenient, secure telepsychiatry sessions provide easy access to expert mental health care from the comfort and privacy of your home or preferred location.



GeneSight Testing

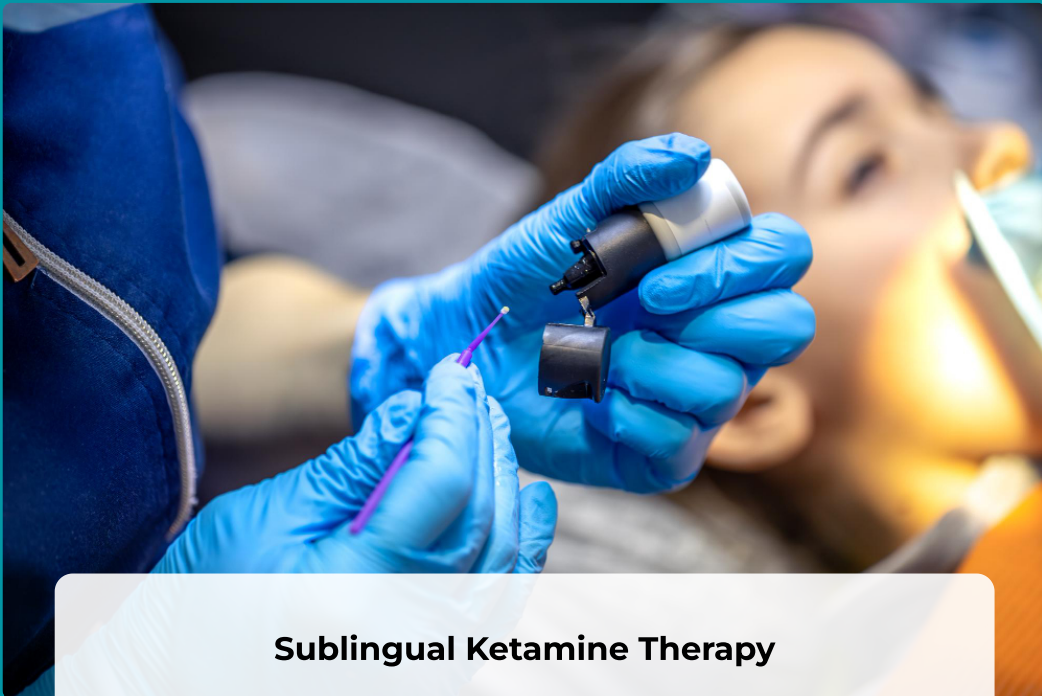
GeneSight testing uses your genetic profile to guide personalized medication choices, helping improve treatment outcomes and reduce the trial-and-error process in mental health care.





Spravato®

Spravato® is a breakthrough nasal spray treatment for adults with treatment-resistant depression, offering rapid relief under medical supervision in a safe clinical setting.



Sublingual Ketamine Therapy

A treatment option for depression, anxiety, PTSD, and other mood conditions. Administered in our clinic under medical supervision, sublingual ketamine is an off-label therapy that may provide benefits for some patients. It offers a gentler, more affordable alternative to IV infusions, while maintaining a strong focus on safety and patient comfort.

ADHD Testing

Comprehensive ADHD testing ensures accurate diagnosis and customized treatment strategies, helping individuals improve focus, productivity, and emotional regulation at all stages of life.

Conditions We Treat



Depression (TRD)

We offer advanced treatments, including Spravato® and ketamine, for individuals struggling with treatment-resistant depression, providing new hope when traditional medications have failed.



Trauma, Abuse, & Stress-Related Disorders

We provide compassionate, trauma-informed care to help individuals heal from past abuse, PTSD, and chronic stress through evidence-based therapy and supportive treatment plans.



ADHD

We provide comprehensive diagnosis and personalized treatment for ADHD, helping individuals improve attention, focus, and daily functioning through therapy, medication, and behavioral strategies.



Anxiety & Panic Disorders

Our personalized care helps manage anxiety and panic disorders through medication, therapy, and coping strategies that promote calmness, confidence, and emotional balance.



Adolescent Disorders

Our adolescent mental health services address depression, anxiety, ADHD, and behavioral challenges with developmentally appropriate care to support emotional growth and resilience.



Sleep-Related Disorders

We offer targeted evaluation and treatment for insomnia and other sleep-related disorders to help restore restful sleep and improve overall mental well-being.

Insurances We Accept



Meet Provider

Dr. "Swae" Harris

DNP, PNP, FNP-BC, PMHNP-BC, CCHP-MH

Dr. "Swae" Harris is a Nurse Practitioner at MINDGLAMOUR, PLLC who partners closely with **Dr. Michael Brown, MD**. She originally attended the University of Tennessee at Martin, in Martin Tennessee, where she received a Bachelor of Science Degree in Nursing. While working in the Neonatal Intensive Care Unit, she returned to school at Mississippi University for Women completing a Dual Track Master of Science in Nursing (Pediatric/Family) degree and later returned to Wilmington University with Post Master's studies in Psychiatry across the spectrum a subspecialty. She has worked in Dermatology, Pediatrics/Adolescents (lead provider of 1st episode psychosis), Correctional Health, Substance use Disorders, HIV services and currently in Psychiatry (TRD/anxiety/Trauma (PTSD)/Substance

Use Disorder-SUD)/ADHD. While working full-time with Raymond C. Blackburn, M.D., Diseases and Minor Surgery of the Skin, she returned to school at Texas Woman's University to complete her Doctorate of Nursing Practice in 2010.



Mind Glamour PLLC offers mental health care, telepsychiatry, ADHD testing, substance use treatment, and personalized wellness services.

Book Online



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