

## **Abstract**

This guide provides a comprehensive approach to organizing household chores, aimed at creating a harmonious and efficient home environment. It outlines the importance of assigning responsibilities, categorizing tasks, and scheduling chores effectively. Readers will discover practical strategies for involving all family members in the chore process, making chores enjoyable through gamification and rewards.

The guide also emphasizes the significance of maintaining a regular cleaning routine, highlighting essential weekly tasks, including specific cleaning techniques like how to clean wooden doors. By following this guide, families can establish a collaborative system that fosters responsibility, teamwork, and a cleaner, more organized home.

# 1. Introduction

Keeping a home running smoothly can feel like a juggling act, especially when it comes to household chores. From cleaning and organizing to maintenance, everyone has a role to play. This guide is here to help you simplify the process of organizing household chores, making it easier for everyone in the family to contribute.

In this guide, let's explore practical strategies for assigning tasks, creating fun and engaging routines, and establishing a reliable schedule. Plus, we'll highlight essential chores that need to be done regularly, including tips on how to clean wooden doors effectively. With a little teamwork and the right approach, you can create a more organized and enjoyable living space for everyone. Let's get started!

# 2. <u>Understanding Household Chores: Types and Importance</u>

Household chores are essential tasks that help maintain a clean, organized, and functional living environment. Understanding the different types of chores and their importance is the first step toward effective home management. Chores can generally be categorized into several types:

- Cleaning Tasks: This includes dusting, vacuuming, mopping, and sanitizing surfaces to ensure a hygienic home. Regular cleaning helps prevent the buildup of dirt and allergens, promoting a healthier living space.
- Organizing Tasks: These tasks involve decluttering spaces, arranging belongings, and maintaining order in storage areas. A well-organized home reduces stress and saves time when looking for items.

Maintenance Tasks: This category covers routine upkeep, such as changing light bulbs, checking smoke detectors, and performing seasonal maintenance. Regular maintenance prevents small issues from becoming larger problems.



Understanding the types of household chores and their importance not only encourages a collaborative family effort but also fosters a sense of responsibility and teamwork among family members. By recognizing that each task contributes to a comfortable and inviting home, families can work together to create a positive living environment.

# **Importance of Household Chores**

Household participation is the first, and I'd argue essential, step toward building a purpose-driven and fulfilling life for our children. Purpose is what saves us all from despair when the details of life become overwhelming or boring, and it is what fuels the determination, resourcefulness, and resolve that will see our children through to their goals. There are a lot of reasons parents give for not granting their children the space and opportunity to find purpose, among them:

- It's faster if I do it myself.
- They will just do it wrong anyway.
- Kids should be kids while they can; they will work when they grow up.
- My house will look disgusting and people will judge me.
- My kids will look disgusting and people will judge me.

Enough. It's time to grant our kids the opportunity to contribute. Allow them to step up, try, fail, and try again until they get it right.

As your child discovers his significance and purpose, it's important to keep in mind that he's going to fail. He's going to make a mess of things from time to time as he learns. His contribution to the household is not simply an item on a checklist you post on the refrigerator,

but a process, an education. You know how to fold laundry just the way you like it folded; your son does not. Let him muck it up the first couple of times; give him the opportunity to notice that his folded shirts look different than the other ones in his drawer. Let his sister get frustrated with him because her pants are inside out and damp because the dryer twisted the leg in a knot.

The key to successfully instilling a sense of responsibility and pride, and helping children understand that they have a role to play in the family dynamic, is to start young. Even toddlers can begin to explore their ability and competence in shared household responsibilities. When dealing with younger children be sure to make your expectations clear and age-appropriate. Here are some examples of the kinds of tasks toddlers can take on:

- Put their dirty clothes in a basket or hamper.
- Dress themselves (with clothing that's not too complicated).
- Fold simple items of clothing or linens such as pillowcases or washcloths.
- Put their clothes away in drawers.
- Follow two- or three-step directions in order to complete tasks (get your toothbrush, put toothpaste on it, brush your teeth).
- Throw trash and recycling away in the proper place.
- Put toys away in tubs and baskets when they are done playing with them.
- Get out and put away their dishes as long as you arrange their cups and bowls on a low shelf.
- Feed the dog or cat.

As children graduate from toddlerhood and move toward preschool, start teaching them how to manage more complicated duties. Kids between three and five are big fans of counting and sorting, so give them jobs around the house that encourage them to practice these skills while instilling responsibility. Ask them to put five books on the shelf, or ask them to count out five oranges and place them in a bag at the store. Kids this age are perfectly able to:

- Make their bed.
- Straighten their room.
- Sort and categorize items, such as utensils in a drawer, or socks in the laundry.
- Water plants.
- Clear their place at the table.
- Clean up spills with a towel or sponge.
- Prepare their own snacks.

It's never too early—or too late—to teach children how to contribute and problem-solve under their own power. Despite all the protests to the contrary, kids want to play a useful role in their family's success. We owe them the patience and time it takes to provide that purpose and responsibility. Sure, this will be a challenge, but it will also be worth it — both in the short and long term.

# 3. How To Organize Household Chores?

Does cleaning make you groan? You are among the majority. Even experienced cleaners aren't looking forward to the task ahead of them. That's why there are simple tricks out there to make cleaning easier. Find out from the pros a few straightforward ways you can organize your household chores.

# **Pro Tips for Organizing Your Chores**



Looking for ways to save time and energy cleaning your bathroom? Get some pro tips from Teresa Ward, owner, and operator of Teresa's Family Cleaning. While she started out of her basement, she built on the basic principles of providing excellence and quality in her hometown, Rocky Point, New York. Get some expert advice on how to organize household chores to make them quicker and easier.

## **Separate Your Chores**

One of the best things you can do to maximize your cleaning time is to create cleaning schedules. Not every type of cleaning is the same. Organizing your daily, weekly, and even yearly cleaning can keep you from wasting your precious time. For example, you don't need to clean your bathroom daily. You need to pick it up, but a full-out clean is a weekly or even bi-weekly chore.

### **Gather the Right Supplies**

Knowing your cleaners is important. Not every cleaner is used in every room. So, you need to know what cleaners you need for each different room or job? Ward noted, "a common mistake is

that some people don't have the right cleansers or supplies, and it can make a job harder. For example, you can't use just a wet paper towel on grease marks. Using a proper grease-cutting agent can get the job done quicker without a lot of scrubbing.

## **Use Time Management**

Another smart move when trying to clean effectively is to think about how long a chore actually takes and how much time you have. If you have 15 minutes, you can easily load the dishwasher, but you don't have enough time to sanitize and mop your kitchen.

Along this same vein, a few pro tips from Ward include:

- "When going into a particular room, bring any supplies you would need for that room.
   This saves time instead of walking back and forth to the kitchen to get any extra supplies.
- "If you must get the whole home done quickly, straighten out first and do most important things done like toilets, dusting, etc.

## **Create a Cleaning List**

Lists make life easier. This is doubly true with cleaning lists. With a list, "everyone will know what needs to be done and no more time is wasted going over it every time cleaning day comes. This will also help when it comes to getting everyone to pick up after themselves during the week. The less time they need to clean on a weekend, the more they will pick up their mess during the week," stated Ward. Additionally, you can mark things off your list quickly. And this doesn't have to be something you write on paper or print, but you can use digital lists too.



## **Separate Chores by Room**

On your list, break down the different rooms you are going to clean and everything that needs to be done in that room. For example, for a bathroom, you need to clean the sink, toilet, tub,

shower walls, mirrors, floors, etc. By breaking big jobs down into smaller tasks, you can complete the most important when short on time.

## **Clean One Room Before Moving On**

Distraction is a chore killer. You're cleaning your kitchen and notice that the drawer needs help, which leads you into the laundry room. Next thing you know, you're nose deep into sorting laundry. You aren't sure how you got there, but here you are. Rather than succumb to distraction, clean one room completely before moving on. If you need to silence or phone or wear headphones to get this done, more power to you!

## **Work From the Top Down**

"When in the room, work from the door, all the way around the room starting with high things first and working down the wall," according to Ward. This method of cleaning means that you'll be walking your way out the door as your last step. So, if you can keep your family off the floors for 5 minutes while it dries, then everything is sparkling clean and sanitized.

### **Make the Most Out of Your Cleaners**

Cleaners come in all different varieties. But you have to use them correctly for them to work. Ward pointed out that bleach is a big cleaner people use incorrectly. "A lot of people think that if you just spray bleach on that mold in your bathroom, it will magically go away. This is not true; you will make yourself crazy cleaning these areas over and over again. Bleach will only lighten it. It will come back in a week or so; if you want to get rid of mold, install a fan to get rid of the moisture and re-grout the tiles in your shower area.

## **Work Together Toward a Clean House**

Cleaning isn't a one-man show. It's more like an army working to keep the germs at bay. Therefore, you need to work toward keeping your home clean with everyone that lives there. This can be hard when you have kids or teens, but Ward offered some sound advice. "Make them help you on a Saturday afternoon, especially if you have teenagers who want to go out with friends. Let them know if they don't start picking up after themselves, this will turn into their normal Saturday routine.

### The Know-How to Organize Household Chores

Cleaning doesn't have to be a dreaded task in your home. Using a few quick tips, you can make your cleaning routine effective. Now all you have to do is put these tricks to the test.

# 4. How To Make Your Household Chores Fun?

Transforming household chores into enjoyable activities can significantly boost motivation and participation from everyone in the family. Here are some ways to make chores fun:

# Making Chores Fun Again—Like a Kid!



While I may have been a slightly odd child, we all make cleaning into a game in some way when we're young. Singing "Clean up, clean up, everybody, everywhere" in preschool or making tower stacks with blocks while putting them away encouraged us to make the best out of life's inevitable chores.

Then, somewhere along the way, we lost our imagination. Jobs around the house become the bane of our existence. Is it possible to bring some joy back into everyday cleaning?

# How to make cleaning fun in 25 ways

25 Ways to Make Household Tasks More Enjoyable

- 1. Wear a cute apron to feel like a modern June Cleaver.
- 2. Make doing chores in the evening relaxing with candles and soft lighting.
- 3. Experiment with making homemade green cleaners that are less harsh on the skin, eyes, and lungs. Peppermint, lavender, orange, or lemon oils make aromatic additions to homemade solutions.
- 4. Tie up your hair in a bandana like Rosie the Riveter and go to war with dust bunnies pin-up style (You can do it!).
- 5. Make cleaning a family affair. Chatting while scrubbing makes a job 10 times more fun.
- 6. Brainstorm witty inventions while washing the dishes (and record any awesome ideas!).

- 7. Finding a solution to something that annoys you could end up making you millions.
- 8. Sip a glass of wine or your favorite hot beverage while working.
- 9. Invest in some adorable dishwashing gloves to give you a smile while scrubbing.
- 10. Fold laundry over your favorite TV show or movie. The warmth of freshly dried clothes can make TV time soothing.
- 11. See who can think of the best oxymoron while cleaning (oxymorons are contradictory terms like "jumbo shrimp" or "nearsighted overseer").
- 12. Dream up the plot for a book while ironing. (Who knows, you may think up the next hit seller.)
- 13. Practice your opera while cleaning the shower.
- 14. Take turns making up and answering "Would you rather?" questions with your kids as you do chores together. Here is one to get you started: Would you rather have to scrub the entire Eiffel Tower with a toothbrush, or clean state prison showers while wearing a chicken suit?
- 15. Play your favorite music as you work.
- 16. Put on a heart rate monitor and see how many calories you can burn as you clean. Add jumping jacks between tasks to get your number higher.
- 17. Try a new kind of dish soap each time you run out, picking whichever you find most appealing in scent and color.
- 18. Play the Alphabet Picnic game with your kids as you all work together. The first person says, "I'm going on a picnic, and I'm going to bring ..." adding an item that starts with the letter "A." As you take turns, each person must remember all other items mentioned (in order) and add a new item with the next letter of the alphabet.
- 19. Make up a song while vacuuming.
- 20. Purchase a pair of suede slippers to feel like you're walking on air as you work.
- 21. Indulge in some rich chocolate in between chores to keep your morale up.
- 22. Put your hair up in rollers and swipe on some lipstick before you begin. You'll feel cute when you catch a glimpse of yourself cleaning in the bathroom mirrors and will be sporting lovely waves by the time you have finished.

- 23. Think of 15 things you are thankful for while dusting.
- 24. Stop and enjoy the sunset while you're taking out the trash.
- 25. Surprise your partner by taking care of their assigned chore. Knowing how much they will appreciate it will make the job less of an annoyance, and seeing his/her smile will brighten your day.
- 26. Make it a ritual to take a deep breath and savor how good the house looks when you're done. Then give yourself a soak in your sparkling bathtub.





A clean, uncluttered home is a beautiful home. Some people seem to always have an effortlessly clean home, which leaves the rest of us wondering if they spend hours after work every day tidying up or just hire a housekeeper. While some people may do one (or both), we spoke with cleaning experts about what makes a difference besides working ourselves to the bone or shelling out cash for a professional cleaning.

So, what's the secret? A solid house cleaning schedule.

"Breaking up cleaning and organizing your home by a daily, weekly, monthly and yearly schedule can help reduce stress and help organize your life a little bit better," says Vera Peterson, president of Molly Maid a Neighborly Company.

Being on a cleaning schedule can really do the trick and make your home on par or better than that other person's annoyingly clean home. Here are some ways to help you stay on top of house cleaning.

## **Daily Cleaning Tasks**

Start out cleaning a room a day. For each day of the week, choose which rooms to tackle. "For example, on Monday clean the kitchen, Tuesday pick a few bedrooms, Wednesday clean the living room, Thursday clean a bathroom and Friday clean a room that you haven't covered yet to break it up," says Peterson. "This will allow you to make a schedule to make the tasks seem less overwhelming."

Another task to consider implementing daily is composting. Composting is a natural way to recycle organic matter, like food scraps and leaves, into fertilizer to nourish plants and soil. "Composting is a simple task that will go a long way in reducing greenhouse gas emissions. You can easily start composting with a few household materials," says Jeremy Walters, sustainability ambassador for Republic Services.

He says you can use your compost in your yard or garden or even share it with friends and family for their gardens.

"You'll want to store food scraps in a place that makes it convenient to collect while you're cooking or cleaning your kitchen," says Walters.

Just make sure your scrap bucket has a tight seal to reduce odors.

## **Daily Cleaning Tasks to Check Off**

- Load and unload the dishwasher
- Make the beds
- Wipe down countertops and stove
- Squeegee the shower
- Place vegetable scraps and coffee grounds in compost
- Return items to their place like magazines, mail, pillows, toys, etc

### **Tips for Daily Cleaning**

Daily cleaning doesn't have to be long and laborious. Here are some tips for quickly tidying up with no fuss at all:

- Spray and go: Make it a habit to spray countertops, sinks and stovetops and let it sit for a few minutes, then wipe clean.
- Squeegee away: After each shower or use, pick up your squeegee and use it on the shower door and walls to give a smoother appearance and do away with water spots.
- Make loading the dishwasher a family affair: When the whole family pitches in, the task
  of doing the dishes is easier. Have family members rinse their plates, bowls, cups and
  utensils and load them in the dishwasher after each use.
- Compost like crazy: Avoid throwing things down the garbage disposal and instead collect any vegetable or fruit scraps and coffee grounds in your scrap bucket.

#### **Weekly Cleaning Tasks**

There are some tasks that can be done each week that can lessen the house cleaning load too. Since most people spend their time in their kitchens between breakfast, lunch and dinner, Peterson says it's important to dedicate a little extra love to your kitchen.

"We recommend dedicating the kitchen to a weekly basis. Every Sunday, wipe down the counters, mop the floor, do a fridge cleanout to get rid of any old or expired food and be sure to wipe down inside and outside of the microwave along with your dishwasher," says Peterson.

Any weekly cleaning schedule should also include recycling. "Households can quickly accumulate a lot of plastic, paper, and aluminum throughout the week, as new packages arrive, drink cans are finished and items are removed from plastic packaging," says Walters. Things to be recycled include:



- Cardboard
- Paper
- Aluminum cans
- Plastic bottles
- Jugs

And make sure that items are empty, clean and dry before placing them in the recycling receptacle.

"Once your recyclables are properly designated and prepped for proper disposal, simply add them loose to your curbside recycling bin for the weekly pickup. Never bag your recyclables!" says Walters.

## Weekly Cleaning Tasks to Check Off

- Wash and change towels and sheets
- Sanitize sponges
- Clean toilets and sinks
- Wipe down mirrors

- Sweep, mop or vacuum floors
- Clean out the fridge
- Clean the microwave inside and out
- Wipe down cabinets and appliances
- Empty trash cans

## **Tips for Weekly Cleaning**

By now you're a regular pro and can handle weekly cleaning tasks like nobody's business. Here are a few tips to keep your stride:

- Tackle the toilets: Place the toilet cleaner in the toilet and let it soak for several minutes. While it soaks, spray the exterior of the toilet and start scrubbing.
- Sanitize the sponge: You can either replace your sponge weekly or sanitize your sponge for a few minutes by letting it soak in 3/4 cup of bleach with one gallon of water.
- Make mirrors gleam: Keep your mirrors sparkling by spraying glass cleaning spray onto a microfiber cloth and wiping in an "S" pattern, beginning at the top.
- Keep floors spic and span: Sweep or vacuum to gather all dust and other particles. Use a mop or damp cloth with a floor cleaner and wipe the floors clean. If you have a carpeted house, weekly vacuuming can keep dust and allergens away.

# **Monthly Cleaning Tasks**

Monthly cleanings are reserved for those items in your home that are sometimes forgotten about or overlooked.

"Every month, take time to declutter and organize your garage, wash curtains and wipe down blinds and dust any ceiling fans and air vents throughout the home," says Peterson. "Sometimes these cleaning tasks can be easily forgotten but they are just as important to maintain a happy and healthy home."

## **Monthly Cleaning Tasks to Check Off**

- Clean out the garage
- Dust blinds
- Wash curtains
- Dust ceiling fans, light fixtures and vents
- Clean oven
- Clean your showers and tubs
- Make your interior windows shine
- Wipe and disinfect door knobs and light switches

### **Tips for Monthly Cleaning**

The one month mark is a good time to re-evaluate things you've cleaned and things you may have missed.

 Dust, dust and dust: Dust can really build up and by a month in, it's time to tackle hard-to-reach places. A little dusting goes a long way, so make sure to dust ceiling fans and air vents. You can use coffee filters or old pillowcases to dust too!

- Use vinegar to clean: Vinegar is the best tool in your belt to tackle stubborn mildew, bacteria, grease and grime. For example, vinegar and a little baking soda on a scrub brush can work wonders on your tub drain, tile bathroom surfaces and oven.
- Wash inside windows on a cloudy day: Start by washing your windows with water mixed
  with liquid dish soap. Once you've given your windows a good wipe, spray the windows
  with a mixture of one part white vinegar to two parts water and dry with paper towels.
  And remember to clean your windows on a cool, cloudy day when soapy water can't dry
  on your windows.

# **Yearly Cleaning Tasks**

There are some cleaning tasks that must be done annually to keep your home clean and running smoothly.

"Molly Maid recommends hiring a cleaning service to do a deep clean every year for those hard-to-reach spots inside and outside of your home," says Peterson.

Many of these cleaning tasks may require hiring professional services to do the job since most homeowners do not have the equipment needed to do them.

"The best way to avoid many of your arduous cleaning tasks, however, is with regular upkeep," says Peterson.

## **Yearly Cleaning Tasks to Check Off**

Clean your chimney or fireplace



- Clear out your gutters
- Deep clean your carpet or upholstery
- Pressure wash your exterior windows
- Remove oil and stains from driveway
- Clean out pantry

# **Tips for Yearly Cleaning**

Annual cleaning tasks should never be put off and many can add to your home's curb appeal.

- Run your home through the wash: Pressure washing the exterior of your home can
  make it look almost brand new. While this task can be done by a homeowner it's better
  to hire a professional since the high water pressure has been known to take off siding or
  break a window.
- Clear out critters: Rodents, birds, squirrels and raccoons like to hide in chimneys to keep warm but they can cause damage to your home and the health of your family.
   Leave it to a professional chimney sweeper to clean out your chimney and for wildlife control professionals to remove critters.
- Clean your driveway: Stains like oil, paint and tire marks can mark up your driveway.
   Sprinkle a thick layer of kitty litter or sawdust on stains and leave it for 12 to 24 hours and then scrub and wash away. For stubborn stains, trisodium phosphate cleaners or TSP should do the job.

# 6. What Household Chores Should Be Done Weekly?

To maintain a clean and organized home, certain household chores should be tackled on a weekly basis. Essential tasks include vacuuming and sweeping floors to remove dust and debris, dusting surfaces to prevent allergens from accumulating, and cleaning bathrooms to ensure hygiene.

Additionally, it's important to do laundry regularly, including washing bed linens and towels. Weekly organizing, such as decluttering common areas and tidying up living spaces, helps keep everything in its place. Don't forget to check and restock household supplies, like cleaning products and toiletries. By sticking to these weekly chores, you can create a healthier, more inviting environment for your family.

# Weekly cleaning schedule + checklist

#### Living areas

- Sweep, mop + dust.
  - Uh oh, is that too much work? If you do these things regularly and often, it'll be a breeze. Pick one day of the week to do these chores, and stick to it.
  - We like to use Swiffer 2-in-1 Dry + Wet Mop to streamline this scenario. The dry mop collects and traps dust, hair and debris from the floor, then the wet mop pad allows you to easily mop without having to mess with a bucket. You can just dispose of both the dry and wet mop pads when you're done.

- Use a Swiffer Duster to hit your walls, blinds, electronics, shelves, baseboards and doors. Its dust-lock adhesive material actually grabs debris, instead of just moving it around or sending it airborne.
- There's even a Swiffer Dusters Heavy Duty Super Extender model for reaching ceiling fan blades, light fixtures, hard-to-reach corners and the tops of bookcases.

## • Vacuum your couch.



- Got pets? Definitely do this weekly. Be sure to get beneath the pillows, in the crevices and zippers, plus the arms and sides.
- Hit the couch, pillows and blankets with some Febreze Fabric spray to freshen up the scene.

## • Launder your pet's bed.

You can also wash their toys with white vinegar to neutralize dog-breath smells.

## Dust (that's right!), and water your plants.

• Careful not to let standing water settle in the bases of your plants' pots.

## Organize and wipe down your coffee and end tables.

Hooray for decluttering! Untangle cords, sort mail and toss unnecessary stuff.

## • Step-By-Step Cleaning Process And Tips For Maintaining Wood

It is a fact that wooden doors are visually appealing. Besides that, these doors are known to be hard-wearing and strong. Plus, they offer a measure of privacy and security. This is why wooden doors are quite common in many homes.

However, when you are doing your household chores, you might forget to clean them. Being busy is also a reason why you might forget about cleaning. But, it is worth noting that taking care of wooden doors is not complicated.

In fact, it is quite straightforward. There are some particular things you will need to do to keep the doors looking nice and in excellent condition. According to the professional vacate cleaning Perth, removing dust from the surface often and wiping it with an adequate cleaning solution is necessary. Here is how to clean wooden doors. Apply these tips to maintain clean wooden doors.

#### **Eliminate Dirt And Grime**

It is more than likely that your wooden doors will be covered in layers of cobwebs and dust. Eliminating them will be important as they are not good for your health. Utilise a duster occasionally to dust off the doors. This will prevent the cobwebs and dust from building up over time.

Professionals who do the best vacate cleaning Perth recommend dusting the door, especially in the grooves, about once every week. It will prevent the large stains from forming. It is even more crucial for exterior doors as it will help keep insects and spiders from gathering around your home's entrance.

## Clean Using A Mild Dish Soap

Using a bit of mild dish soap mixed with hot water will be ideal for some basic cleaning. Take a non-abrasive sponge and dip it into the water. Next, use it to scrub the door's surface. There is also the option of using a small brush so that you can reach the crevices and corners. After the work is completed, remember to rinse away all the residue using hot water.

Usually, the easiest way to do this is simply to give your door a basic wipe-down with the use of clean water. Confirm that the door is completely dry after cleaning. You have the option of either using a clean towel to wipe it down or keeping a fan points towards the door.

## **Do Not Forget The Edges**

Cleaning around the edges is also crucial. Follow these steps for the same:

- Open the door.
- Use a clean and moist cloth to wipe off the edges.
- Rinse the cloth as you go.

There is no harm in adding some dish soap to the cloth if the dirt appears resistant to being wiped. However, remember to clean off the soapy residue after the work is completed.

### **Utilise A Vinegar Solution**

There is also the option of using a vinegar solution if you want to clean your doors. To prepare the solution, simply mix one part vinegar with four parts water. Next, using a sponge or soft cloth, scrub the surface gently with the solution. Remember to rinse the door afterwards using clean water to remove any vinegar remnants.

If the door still appears to be stained, professionals who do cheap vacate cleaning Perth recommend making use of a more concentrated cleaning solution. Just mix one part bleach with four parts water. If any tough spots remain, you can prepare a mixture of equal parts water and baking soda and scrub the surface. Put in a little effort, and your doors will look visually appealing again.

## **Use Mineral Spirits**

Mineral spirits are considered a great option for eliminating stubborn stains. Just apply a few drops of mineral spirits to a clean and dry cloth. Wipe the door's surface using a damp cloth. This will help a lot in getting rid of any grime or dirt buildup. Also known as paint thinner, you purchase the mineral spirits from your nearby home improvement store.

It will help remove tough stains and build-up grime and dirt. Once again, after completing the procedure, it is best recommended to give your door a simple and quick wipe-down using some clean water. It will help eliminate any chemicals. Lastly, adequately dry the surface. Now, you will have stain-free wooden doors.

#### **Clean The Door Handles**



To ensure the door looks as good as new, paying special attention to the door handles is a must. Begin by using a dry microfibre cloth to eliminate any visible dirt or debris. After cleaning the surface, apply a small amount of DIY all-purpose cleaner to a different microfibre cloth than the one you used before and wipe down the handle.

You can use a mixture of distilled water, white vinegar and essential oil for the all-purpose cleaner. There is also the option of using a solution prepared by mixing distilled water, castile soap, and essential oil. After wiping the handle, properly rinse the handle using clean water. To dry it, use another different microfibre cloth.

#### **Disinfect The Door Handles**

According to the expert vacate cleaners Perth, just cleaning the door handles on a frequent basis won't be enough. You must also disinfect them. Firstly, prepare the disinfectant by mixing 1 part vinegar and 1 part water in an appropriate spray bottle.

Spray it on the handles and allow it to sit there for about 5 minutes. Lastly, use a clean microfibre cloth to wipe the handles. Repeat the entire procedure as and when needed to keep the handle free of bacteria.

#### **Utilise Wood Polish**

Wood polish not only helps eliminate the dirt and grime but it also helps restore shine. Just apply a tiny amount of wood polish to a clean cloth. Use a circular motion for rubbing the polish into the door surface. After you have gone through the entire door, buff using a dry cloth to get rid of any excess polish. Now, your wooden doors will look clean and visually appealing.

## Wrapping Up

At first glance, it might appear that cleaning wooden doors will not be easy. However, it can be that way if you decide to adopt a tried and tested approach that is guaranteed to work. Following the steps mentioned in this article will allow you to clean the wooden doors easily.

#### Kitchen

- Sweep + mop.
  - Kitchen floors can get grimy fast, but they're usually the easiest to clean.
- Wipe down the exterior of your cabinets.
  - We like to keep a diluted white vinegar spray under the kitchen sink for wiping down everything from countertops and cabinets to stainless steel appliances and stovetops.
  - Don't let grease smears sit and sauces congeal. Be proactive!
- Clean your stove burners.

Yes, it's time to address those crusty, burnt bits lingering beneath the burners.
 You'll be glad you did next time you go to cook a meal and the stove is pleasantly smoke-free.





- Toss anything questionable, expired or stinky.
- Wipe out your kitchen sink with some white vinegar and baking soda.
- Assess your dishwasher and garbage disposal. Does everything smell okay?
  - If your dishwasher smells funky, run it on an empty cycle with some Cascade
     Dishwasher Cleaner or a bowl of white vinegar.
  - If your garbage disposal smells funky, toss some ice cubes into it, and run it to clean the blades. Then throw in some citrus peels, and turn it on to freshen up any odors.
- Wipe down the exterior of your stainless steel appliances, like the microwave, dishwasher, fridge and oven door and handles.
  - Hit them with a spritz of diluted white vinegar, and buff off any greasy fingerprints with a microfiber rag.
- Take out the trash and recycling (and compost, if applicable).

## **Bedroom**

Wash your sheets, pillow cases and duvet.

- Spot clean your mattress, if necessary.
  - Moisture can accumulate on your mattress while you're sleeping, whether it's sweat or otherwise. Let the mattress air out while you're washing the sheets.
    - You can make an assortment of DIY mattress cleaning solutions with isopropyl alcohol, baking soda or hydrogen peroxide to spot treat stains with a spray bottle.
    - Always let the mattress air dry completely before putting sheets back on.
- Dust your dressers, shelves, windowsills and bedside tables.
- Sweep + mop.
- Mind the laundry.
  - If it's out of hand (again), take care of it. And actually put it away. We see you.

#### **Bathroom**

- Launder your towels and bath mats. Replace them with fresh linens.
- Sweep + mop.
- Clean out your sink and countertops. Don't forget to wipe down the faucet and handles, too.
- Wipe down your mirrors.
  - We've got a great recipe for a DIY glass cleaning solution.
- Clean your shower, including the faucet, hardware, walls and/or doors, plus the curtain and liner. A little white vinegar goes a long way.
  - If your shower drain is clogged, tend to that ASAP. No store-bought drain declogger on hand? All you've got to do is pour some boiling water down the drain, followed by some white vinegar and baking soda, then some more boiling water.
- Take out the trash.

#### **Bottom Line**

Organizing household chores is essential for maintaining a clean and harmonious home. By understanding the types of chores and their importance, families can effectively distribute

responsibilities and create a collaborative environment. Implementing strategies to make chores fun, such as gamifying tasks or setting up chore charts, encourages participation from everyone.

Establishing a regular schedule for essential weekly chores ensures that tasks are completed consistently, preventing overwhelm and promoting cleanliness. Ultimately, a well-organized approach to household chores fosters teamwork and responsibility, making home management more manageable and enjoyable for all family members. By following this guide, you can create a positive and organized living space that everyone can take pride in.

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